

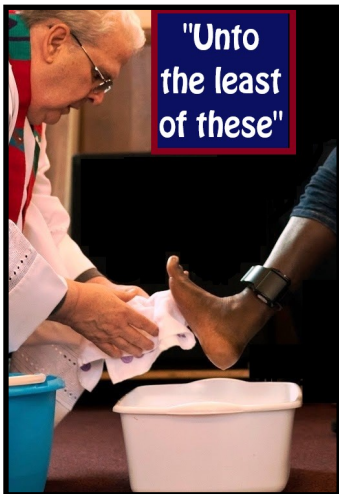
## Free Community Clinics

Tuesdays 12:00-5:00



**UC San Diego**  
SCHOOL OF MEDICINE

### Student-Run Free Clinic



**AbundantHELP**  
Your Fount of Blessings

Helping Everyone  
Live Productively

[AbundantHELP.com](http://AbundantHELP.com)

## Free Community Clinics

Thursdays 1:00-6:00



California State University  
SAN MARCOS  
**School of Nursing**

### Student Healthcare Project



(619) 208-1898

**Free Meal 5:30  
Thursday**

**Christ Ministry Center**  
An ecumenical urban ministry of  
**The United Methodist Church**

3295 Meade Ave—San Diego CA 92116  
(619) 284-9205



## Christ Ministry Center

3295 Meade Ave  
San Diego CA 92116  
(619) 284-9205

Dr. Bill Jenkins, Director  
Jeannetta Kramer, Office Manager



We are the  
"7-days-a-week church":  
an urban ministry center  
meeting the six needs of body  
and soul in Matthew 25:35-40.

[cummc.org](http://cummc.org)



**In the Sanctuary**  
**Exodus Church**  
 (10:30 AM-English)  
**Hispanic Methodist Ministry**  
 (1:00 PM-Spanish)  
**Haitian Methodist Ministry**  
 (7:00 PM-Creole)  
**Elim Ministries**  
 (3:30 PM-Spanish)  
**Seventh Day Adventists**  
 (Saturday 9:00 AM-Spanish)

**In the Chapel**  
**Winston Chapel AME Zion**  
 (10:00 AM-English)  
**Be Encouraged Ministries**  
 (11:30 AM-English)  
**San Diego Marshallese UCC**  
 (4:00 PM-Marshallese)  
**Eritrean Church of Christ**  
 (5:00 PM-Eritrean)

**In the Social Hall**  
**Uptown Church of Christ**  
 (8:00 AM-English)  
**New Jerusalem Church**  
 (12:30 PM-Spanish/English)

**In the Exodus Room (102)**  
**Christ Chapel**  
 (11:00 AM-English)



An co-working hub for social entrepreneurs pursuing positive impact for social, cultural and/or environmental change.

**Jubilee Economic Ministries**  
 Environmental and Economic Justice



**SafeHarbors.NET**  
**"I was in Prison..."**  
 Detention Ministry  
 Gambling Recovery  
 12 Step AA & NA Programs

**"I was a Stranger..."**  
 Providing temporary emergency shelter for refugees, immigrants, asylum seekers, especially women & children



**"I was Hungry..."**

Grocery & Food Ministry,  
 Monday 1:00 -3:00  
 Wednesday & Friday  
 10:00-12:00, 1:00 -3:00

**"I was Naked..."**

**Brother's Keeper**  
 Clothes Closet



**"I was Sick..."**

Free Medical Clinics  
 UCSD & Cal-State  
 Tuesday & Thursday afternoons